

AYELET WALDMAN is the author of the novels *Love and Treasure*, *Red Hook Road*, *Love and Other Impossible Pursuits*, and *Daughter's Keeper*, as well as of the essay collection *Bad Mother: A Chronicle of Maternal Crimes, Minor Calamities, and Occasional Moments of Grace*. Her most recent book is *A Really Good Day: How Microdosing Made a Mega Difference in My Mood, My Marriage, and My Life*. Ayelet is a screen and television writer, and is one of the creators of *Unbelievable* on Netflix, for which she was nominated for an Emmy and a Golden Globe, among many other awards, and for which she won a Peabody, and AFI award, and a Pen Award. She also worked on the television show *Star Trek:Picard*. She has a variety of television shows in development now.